



Women's Volleyball League Rules

Indiana High School rules shall govern Portage Park and Recreation Department volleyball games with the exception of regulations adopted by the park department and team captains.

Roster

All players must be over 18 years of age and out of high school. In the event any team has an illegal player, all games that person participated in will be forfeited.

A maximum of 16 players is allowed on a team roster.

A player must sign the roster before playing. Failure to do so will result in a forfeit of all games played while not on the roster.

New players cannot sign up to play after week 4 of the season unless the team roster drops below 6 due to injuries.

The minimum legal number of players allowed to play at once is 2. If a fifth or sixth player arrives after the game has already started, they may enter in the 5th or 6th position.

If a team does not have enough players to start the first game of the match at game time, that game will be lost by forfeit. The next game will only be lost by forfeit if there are not enough to begin the second game at the scheduled time, and so on.

Game

NO blocking or attacking the serve.

Subbing can only be done within 1 roster. Subbing between teams can only be done if opposing team and referees are okay with it.

NO play on other courts while other games are in play.

Matches will consist of three games to 12 minutes. Rally scoring will be utilized (a point will be awarded after every dead ball). There will be a 3-point cap on rally scoring.

NO time outs are allowed during a game. The official can stop a game for injury or equipment failure. You may sub for an injured player.

The referee will control all calls. If unsportsmanlike conduct occurs at any time, the player(s) involved will automatically be ejected from that game and not be allowed to play the following game.

A coin toss shall determine side or receive. Who wins the toss will choose what they want.

The server may serve anywhere behind the end line.

Players may use their foot to contact the ball, as long as it's planted (no kicking).

In the event of a tie at the end of the season, the two teams will play one match which will consist of the best 2 out of 3 games (12 minute games, win by 2). There will only be a playoff to determine 1st and 2nd place.

NO kids in the gym! Only in the lobby. **No exceptions.** This is due to liability issues and to prevent clutter in the gymnasium, which can affect the matches.

In order to limit time between matches; when the referee blows the whistle, the game will begin. A point will be lost every 30 seconds a team is not ready for play.

Shoe changes must take place in lobby to prevent wet playing surfaces.

If you would like clarification on the rules or would like to read the rule book, please consult your league director.